

If your toothbrush could talk:

It would tell you to **replace it every 3 months**. Mark your calendar the next time you start using a new toothbrush so it's easier to keep track.

It would tell you to **store it standing up and wipe it dry** to help eliminate the possibility of bacteria build-up.

It would tell you **never to store it near a toilet** to avoid contamination from airborne germs.

Finally, it would tell you **not to share it with anyone** – not even your spouse, child, or friend.

Visit altusdental.com for more dental health tips.